## **TESTIMONY BEFORE THE APPROPRIATIONS COMMITTEE**

H.B. No. 5044 An Act Making Adjustments to State Expenditures for Fiscal Year Ending June 30, 2017
February 18, 2016
Nicole Alexandre, East Hartford, CT

Good evening Senator Bye, Representative Walker and members of the Appropriations Committee.

Mental illness has affected me in many ways. I've seen several psychiatrists and therapists since second grade and have been diagnosed with different mental illnesses. I've struggled a lot with my mental illnesses and will be on several medications through out my life but InterCommunity continues to provide me with the vital support I need. InterCommunity provides me with a comfortable setting that allows me to socialize in an appropriate way. This agency also has taught me independent living skills and positive ways to integrate myself into the community. This program also supports my interests and hobbies.

Please do not make cuts to the budget that will take away programming like this that helps people have a good life.